

4 GOLDEN
LEGACY
Quality Meats

ALL NATURAL*
GROUND TURKEY
WITH NATURAL FLAVORINGS

3011

NO MSG
*MINIMALLY PROCESSED
*NO ARTIFICIAL INGREDIENTS
NO CHEMICAL PRESERVATIVES

Handling Instructions: Until use - keep frozen at 0 degrees f or below. Thaw under refrigeration for 24 hours. Once package is thawed, use within 1 - 2 days.

4 / 5 LB PKGS

NOT LABELED FOR RETAIL SALE
KEEP FROZEN BONELESS READY TO COOK
PRODUCT OF U.S.A

Net Weight: 20 Lbs.



(01)90758878430117(3202)002000(13)011113(21)00325303
MFG by: Michigan Turkey Producers, Wyoming, MI 49519 www.miturkey.com

| Nutrition Facts | |
|--------------------------------------|----------------|
| Serving Size 4 oz (112g) | |
| Servings Per Container 80 | |
| Amount per Serving: | |
| Calories: 230 Calories From Fat: 148 | |
| | % Daily Value* |
| Total Fat 15g | 23 % |
| Saturated Fat 4.5g | 23 % |
| Trans Fat 0g | |
| Cholesterol 85mg | 28 % |
| Sodium 75mg | 3 % |
| Total Carbohydrates 0g | 0 % |
| Protein 21g | |
| Calcium 2% | Iron 8% |

Not a significant source of dietary fiber, sugars, vitamin A and vitamin C.

* Percent Daily Values are based on a 2,000 calorie diet.

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USDA Foods Fact Sheet for Schools & Child Nutrition Institutions

(last updated, 09-19-12)

Visit us at www.fns.usda.gov/fdd

100012 – CHEESE, CHEDDAR, REDUCED FAT, YELLOW, SHREDDED, 5 LB

Nutrition Information

| | |
|----------------------------|---|
| CATEGORY | <ul style="list-style-type: none"> Meat/Meat Alternates |
| PRODUCT DESCRIPTION | <ul style="list-style-type: none"> Reduced fat shredded cheddar cheese is a firm-textured, semi-hard, yellow cheese made from cow's milk. Reduced fat cheddar cheese should contain between ¼ to ⅓ less fat than traditional cheddar cheese. |
| PACK/YIELD | <ul style="list-style-type: none"> 6/5 lb pouches per case. One 5 lb pouch AP yields about 20 cups shredded cheese and provides about 80.0 1-oz servings shredded cheese. One lb AP yields about 4 cups shredded cheese and provides about 16.0 1-oz servings shredded cheese. CN Crediting: 1 oz cheese provides 1 oz-equivalent meat/meat alternate; ½ oz provides ½ oz-equivalent meat/meat alternate. |
| STORAGE | <ul style="list-style-type: none"> Store cheese in its original container at 40°F or lower until needed. Protect cheeses from mold and dehydration by preventing exposure to air, wrapping tightly with plastic film without air pockets, using new plastic wrap each time opened, placing wrapped cheese in sealed container, and always working in clean area. Shredded cheese tends to mold and dehydrate quicker than block cheese. Use First-In-First-Out (FIFO) storage practices to ensure use of older product first. |

Cheese, cheddar, reduced fat

| | ½ oz (14 g) | 1 oz (28 g) |
|---------------|----------------|----------------|
| Calories | 39.5 | 79 |
| Protein | 3.81 g | 7.62 g |
| Carbohydrate | 0.28 g | 0.56 g |
| Dietary Fiber | 0 g | 0 g |
| Sugars | 0.08 g | 0.16 g |
| Total Fat | 2.56 | 5.12 g |
| Saturated Fat | 1.65 g | 3.29 g |
| Trans Fat | 0 g | 0 g |
| Cholesterol | 8 mg | 16 mg |
| Iron | 0.02 mg | 0.04 mg |
| Calcium | 126 mg | 253 mg |
| Sodium | 101 mg | 203 mg |
| Magnesium | 5 mg | 10 mg |
| Potassium | 13 mg | 26 mg |
| Vitamin A | 88 IU | 177 IU |
| Vitamin A | 21 RAE | 42 RAE |
| Vitamin C | 0 mg | 0 mg |
| Vitamin E | 0.02 mg | 0.04 mg |



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100012 – CHEESE, CHEDDAR, REDUCED FAT, YELLOW, SHREDDED, 5 LB

| | |
|--|---|
| PREPARATION/ COOKING INSTRUCTIONS | <ul style="list-style-type: none"> • Cook all dishes containing cheese at low temperatures since cheese toughens and becomes rubbery and stringy at high temperatures. When used for garnish or flavor, add cheese just before food is removed from the heat. |
| USES AND TIPS | <ul style="list-style-type: none"> • Serve reduced fat cheddar cheese as a garnish for vegetable or fruit salads or other foods. Use in cooked dishes such as sauces, combination dishes, or breads. • Cheddar cheese can be frozen. There will be changes in body and texture due to moisture crystallization during freezing. |
| FOOD SAFETY INFORMATION | <ul style="list-style-type: none"> • If any part of a package of shredded cheese contains mold, discard the package. |
| BEST IF USED BY GUIDANCE | <ul style="list-style-type: none"> • For guidance on how to effectively manage, store, and maintain USDA Foods, please visit the FDD Website at: http://www.fns.usda.gov/fdd/facts/biubguidance.htm. • For additional information on product dating, go to page 13 of <i>Choice Plus Food Safety Supplement</i> at: http://nfsmi-web01.nfsmi.olemiss.edu/documentlibraryfiles/PDF/20080206043207.pdf. |

Nutrient values in the nutrition information section are from the USDA National Nutrient Database for Standard Reference, or are average values from vendors who provide USDA Foods. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.

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Nutritional Information for CHIP TORTL SCOOP BKD 72-.875Z TOSTIT

| | |
|------------------------|---|
| Product Number: | 696871 |
| Description: | AP Chips, Tortilla, Bkd, Scoops, .875z, |

| Nutritional Information | | |
|--|---------------|------------------------------|
| Serving Size 1 Pkg (25 g) | | |
| Amount Per Serving | | |
| Calories 110 | | Calories from Fat 23 |
| % Daily Value | | |
| Total Fat | 3 g | 4% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | |
| PolyUnSat | n/a | n/a |
| MonoUnSat | n/a | n/a |
| Cholesterol | 0 mg | 0% |
| Sodium | 125 mg | 5% |
| Potassium | n/a | n/a |
| Total Carbs | 19 g | 6% |
| Dietary Fiber | 2 g | 8% |
| Sugars | 0 g | n/a |
| Protein | 2 g | 4% |
| Vitamin A - | 0% | Vitamin C - 0% |
| Calcium - | 2% | Iron - 2% |
| Percent Daily Values are based on a 2,000 calorie diet | | |
| Calories Per Gram: | | |
| | Fat 9 | Carbohydrates 4 Protein 4 |

| Water Soluble Vitamins | | Minerals | |
|------------------------|------|------------|-------|
| Thiamin B1 | 0 mg | Phosphorus | 60 mg |
| Riboflavin B2 | n/a | Zinc | 0 mg |
| Niacin B3 | n/a | Magnesium | 24 mg |
| Pyridoxine B6 | n/a | Copper | n/a |
| Cobalamin B12 | n/a | Selenium | n/a |
| Pantothenic Acid | n/a | Calcium | 20 mg |
| Vitamin C | 0 mg | Iron | 0 mg |
| Folic Acid | n/a | Manganese | n/a |
| | | Iodine | n/a |

| School Equivalents | | Fat Soluble Vitamins | |
|-----------------------------------|------------|----------------------|------|
| 1 Package | | Vitamin D | n/a |
| Child Nutrition Label | No | Vitamin D | n/a |
| | | Vitamin E | n/a |
| Meat/Meat Alternative | n/a | Vitamin K | n/a |
| Fruit/Vegetables | n/a | Vitamin A | 0 IU |
| Grain/Bread | n/a | Vitamin A | n/a |
| Updated for New Final Rule | | | |
| Meat/Meat Alternate | 0.00 oz | | |
| Grain/Bread | 1.25 oz eq | | |
| Fruit | 0.00 cup | | |
| Vegetable: | | | |
| Red/Orange | 0.00 cup | | |
| Dark Green | 0.00 cup | | |
| Starchy | 0.00 cup | | |
| Beans/Peas | 0.00 cup | | |
| Other | 0.00 cup | | |
| Notes: | | | |
| n/a | | | |



INGREDIENTS: Corn, Vegetable Oil (Corn, Canola and/or Sunflower Oil), and Salt.
 No Preservatives.

Nutrition Facts

Serving Size 1 oz (28g/About 13 chips)

Amount Per Serving

Calories 140 **Calories from Fat** 60

% Daily Value*

| | |
|-------------------------------|------------|
| Total Fat 7g | 11% |
| Saturated Fat 1g | 5% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 120mg | 5% |
| Total Carbohydrate 19g | 6% |
| Dietary Fiber 1g | 5% |
| Sugars 0g | |

Protein 2g

| | | |
|---------------|---|---------------|
| Vitamin A 0% | • | Vitamin C 0% |
| Calcium 2% | • | Iron 0% |
| Vitamin E 4% | • | Thiamin 2% |
| Riboflavin 2% | • | Vitamin B6 4% |
| Phosphorus 6% | • | Magnesium 4% |
| Zinc 2% | | |

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | | Calories: 2,000 | 2,500 |
|--------------------|-----------|-----------------|---------|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

TRADE EAST

SPICES & SEASONINGS

TACO SEASONING®

INGREDIENTS: CHILI PEPPER AND OTHER SPICES, WHEAT FLOUR, SALT, DEXTROSE, MALTODEXTRIN, ONION POWDER, GARLIC POWDER, DISODIUM HYDROGENATE, EXTRACTIVES OF PAPRIKA (AS COLOR), SPICE EXTRACTIVES, ONION EXTRACTIVES AND LESS THAN 2% SILICON DIOXIDE TO PREVENT CAKING. CONTAINS: WHEAT.

DIRECTIONS: USE 1/4 CUP SEASONING PER 1 LB. OF COOKED PROTEIN.

Nutrition Facts

Serving Size: 2 tsp (7g)
Servings: About 85

| Amount Per Serving | | % DV* |
|--------------------|---------------------|---------|
| Calories 20 | Calories from fat 0 | |
| Total Fat | 0g | 0% |
| Sodium | 470mg | 20% |
| Total Carb. | 4g | 1% |
| Dietary Fiber | <1g | 2% |
| Sugars | 1g | |
| Protein | 1g | |
| Vitamin A | 20% | Iron 2% |

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Reorder No.
413429



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(last updated, 03-08-12)

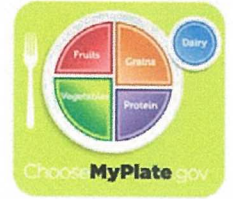
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100330 - SALSA, LOW-SODIUM, POUCH

| | |
|--|---|
| PREPARATION/ COOKING INSTRUCTIONS | <ul style="list-style-type: none"> Salsa can be used right from the pouch chilled or at room temperature. |
| USES AND TIPS | <ul style="list-style-type: none"> Serve “as is” or chilled on top of burritos, tacos, tortilla pieces, and fajitas. Heat and serve as a complement to chicken, fish, turkey, hamburgers, etc. |
| FOOD SAFETY INFORMATION | <ul style="list-style-type: none"> NEVER USE food from pouches that are leaking or bulging. DON’T TASTE pouches with a foul odor, or that spurts liquid from the container when opened. Cook foods to the appropriate end-point temperature as specified in your School Food Safety Plan, which should meet your State and local health department requirements. |
| BEST IF USED BY GUIDANCE | <ul style="list-style-type: none"> For guidance on how to effectively manage, store, and maintain USDA Foods, please visit the FDD Website at: http://www.fns.usda.gov/fdd/facts/biubguidance.htm. For additional information on product dating, go to page 13 of <i>Choice Plus Food Safety Supplement</i> at: http://nfsmi-web01.nfsmi.olemiss.edu/documentlibraryfiles/PDF/20080206043207.pdf. |

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110186 - SALSA, LOW-SODIUM, POUCH

Nutrition Information

| | |
|----------------------------|--|
| CATEGORY | <ul style="list-style-type: none"> Vegetables/Fruits |
| PRODUCT DESCRIPTION | <ul style="list-style-type: none"> Tomato salsa is made of peeled tomatoes, tomato puree, fresh or dried onions, fresh green chile peppers and fresh jalapenos properly ripened and wholesome. Spices and condiments added include salt, vinegar, and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, or modified starch. This is a low-sodium food (140 milligrams of sodium or less per serving). |
| PACK/YIELD | <ul style="list-style-type: none"> Six 111 oz pouches One pouch AP yields about 106 oz (12$\frac{1}{3}$ cups) salsa and provides about 49.3 $\frac{1}{4}$-cup servings vegetable. CN Crediting: $\frac{1}{4}$ cup salsa provides $\frac{1}{4}$ cup vegetable. It counts as $\frac{1}{4}$ cup red/orange vegetable when all salsa ingredients are creditable vegetable ingredients. |
| STORAGE | <ul style="list-style-type: none"> Store unopened pouches of salsa in a cool, dry place. Never store pouch in a damp storage area or any place exposed to high or low temperature extremes. Store opened pouch of salsa covered and labeled in a dated nonmetallic container under refrigeration. Use First-In-First-Out (FIFO) storage practices to ensure use of older product first. |

Salsa, low sodium, pouch

| | $\frac{1}{4}$ cup (62 g) | $\frac{1}{2}$ cup (125 g) |
|---------------|-----------------------------|------------------------------|
| Calories | 22 | 45 |
| Protein | 0.93 g | 1.86 g |
| Carbohydrate | 4.34 g | 8.68g |
| Dietary Fiber | 0.9 g | 1.7 g |
| Sugars | 4.37 g | 8.73 g |
| Total Fat | 0.12 g | 0.25 g |
| Saturated Fat | 0.02 g | 0.04 g |
| Trans Fat | 0 g | 0 g |
| Cholesterol | 0 mg | 0 mg |
| Iron | 1.39 mg | 2.79 mg |
| Calcium | 7 mg | 15 mg |
| Sodium | 70 mg | 140 mg |
| Magnesium | 10 mg | 20 mg |
| Potassium | 167 mg | 334mg |
| Vitamin A | 341 IU | 682 IU |
| Vitamin A | 17 RAE | 35 RAE |
| Vitamin C | 2.5 mg | 5.0 mg |
| Vitamin E | 0 mg | 0 mg |